

FIRST REPORT ON EXPERIMENTAL WORK WITH HUNA

(Please report briefly on the following sheet and mail back)

INSTRUCTIONS: To get a report on our experimental work that is simple enough to tabulate, we are going to try grading our efforts and our results on a percentage basis, for example, if you feel that you have made as complete a plan or map of your future as you now can, you will score item 1 (from Pg. 1): Effort 100% and if you have not yet tried, you will score: Effort 0%. Results will be graded roughly, making your own estimate of how well you succeeded in performing each step, as for instance, 80% for a map not as clear and complete as you hope to get it later. The Response you get by way of seeing your efforts succeed in bringing desired changes or healing etc., will be graded in the same way, as Response to Work: 50%. (Note that work with High Magic may take a period of weeks, months or years to show results, so score any noticeable results as of this date.) In addition to these scores, we will try to grade ourselves according to the length of time the work has been carried on in any one project. The score chart will explain itself.

Name and address _____

Date _____

Items:

1. (Deciding on map.) Effort: _____%. Result: _____%
Comment: _____
2. (Did you make a clear picture?) Effort _____%. Result _____%
3. (Steps following making the picture):
 - (a) (Accumulating mana) Effort: _____% Results _____%
 - (b) (Try for telepathic contact) Effort _____% Result _____%
 - (c) (Was anything felt or sensed?) Yes _____ No _____
 - (d) (What was felt, if anything?) _____
 - (e) (Was prayer well made?) Effort _____% Result _____%
 - (f) (Was prayer properly ended?) Effort _____% Result _____%
4. (Did you try the low magic? Yes _____ No _____ A little _____)
 - (a) (What did you try?) (State Briefly) _____
_____ How was your "faith" or confidence? _____
 - (b) (Did you do your part as a middle self, completely?) _____
 - (c) (Did you try to use autosuggestion with a physical stimulus on yourself?) Effort _____% Result _____% What physical stimuli were used? _____
Did you practice relaxation before using autosuggestion? _____
5. (Did you try to help others?) How? _____
(Did you contact them telepathically? _____ or face to face? _____
Or both ways? _____ Effort _____% Result _____%
Comment: _____
6. Did you try the Huna "laying on hands" method of healing? Yes _____
No _____ If so, for what trouble? _____
Did you succeed in accumulating a surcharge of mana? _____
Effort _____% Result _____%
How many treatments given? _____ How many are planned? _____

Having checked the above items, now score the RESPONSES TO WORK and the TIME.

- A. Time spent working for your map daily _____ Total _____.
Time you intend to spend daily _____ Total _____.
Comment: _____
What RESPONSE to Work by now? _____ (% _____)
- B. In treating self with low magic (as under item 3), how many treatments (approximately) _____. How many more planned _____.
What RESPONSE to Work by now? _____ (% _____)
Comment: _____
- C. Time spent in effort to heal or help others (telepathic contact) using methods of High Magic _____. How long will you continue treatments as now planned? _____
RESPONSE UP TO THIS TIME: _____ (% _____)
- D. Time spent in treatments given IN FACE TO FACE contact _____
Did you use High Magic as well as low, in combination? _____
Only low magic? _____ Only High Magic methods? _____
Are treatments continuing? _____ How long planned? _____
RESPONSE to WORK up to now _____ (% _____)
- E. If you have been receiving Huna treatments state what kind, telepathic High Magic _____ Contact, low magic _____
RESPONSE to TREATMENTS on your part _____ % How long have treatments been going on? _____ For what conditions?
Help with map? _____ Help with health _____.
What have you done to help yourself while being treated? _____

Have several persons been treating you during this time?
Doctors? _____ Face to face? _____ Telepathic, from distance? _____ Are treatments continuing? _____
- F. Are you still interested in the experimental work with Huna?
Yes _____ No _____ Slightly _____ Greatly _____
Is your map in, and in the secret file? _____
Have you sent in a snap shot of yourself? _____
Would you care to join a mutual (telepathic) healing group to work at set times daily? _____

If a list of members, names and addresses, are sent out in a Bulletin to all Huna Research Associates to help them contact other Associates in their city or neighborhood, do you wish to have your name given (Yes _____) (No _____) Would you help form a group? _____ Would you join a group if formed? _____
Would you rather work alone for the present? _____

NOTE: The membership rolls are being cleared at this time of dead wood. If no word is received from you, it will be taken for granted that you wish to drop out.
If you are a new Huna Research Associate and have not had time to get on with the work, and so cannot report, please drop a note to say so, and send in this report later when you are ready.